



Patient Information Prior to Surgery

These are the guidelines for patients to follow prior to their procedure at Tasman Day Surgery, unless advised otherwise by the surgeon or anaesthetist.

For Morning Procedures

- No food after **midnight** the evening before your procedure, this includes lollies and chewing gum.
- Sips of water until **2 hours** before the procedure i.e., if your procedure is at **10.00am**, stop all fluids at **8.00am**

For Afternoon Procedures:

- No Food after **6.30am** on the morning of your procedure, this includes lollies and chewing gum.
- You can have small sips of water until **2 hours** before your procedure i.e., if your procedure is at **12.30pm** then stop all liquids at **10.30am**

Eating and drinking too close to your procedure may mean your procedure could be cancelled or postponed.

If you have general anaesthesia or sedation, you will need someone to pick you up and stay with you for 24 hours.

You may need time off work to recover. Please discuss with your surgeon as to how long you may require off work.

Please continue to take regular prescribed medication unless otherwise advised

If you have any questions, please do not hesitate to contact us at Tasman Day Surgery on 0800 827 329

